

Class- B.Sc Sports Science Ist Sem.

Subject – Theory of Game and Athletics

- 1 Enhance motivation and willingness.
- 2 Enhance power to face sudden problem or change.
- 3 Help improve personality and mind sharpness.
- 4 Helps to gain proper knowledge about the game rules and regulation.
- 5 It enhance the social adaptability and team work.
- 6 Increase knowledge about the every equipment related to the event or game.

Class- B.Sc Sports Science 5th Sem.

Subject – Physiotherapy

- 1 It enhance the working capability of athletic.
- 2 Maintain body postore and caliber
- 3 It is very helpful for the management of bdoyn needs.
- 4 Helpful to knowing about the injuries and their prevention and precaution.
- 5 Helpful to gain knowledge about the therapies and which therapy is beneficial according to the injury.

Class:- B.Sc. Sports Sc. 3rd Sem

Subject Name:- Kinesiology

Subject Teacher:- Dr. Kusum Lata

1. Correctly apply fundamental human movement principles, from both natural and social science perspectives, to a variety of contexts and populations;
2. Demonstrate an applied understanding of the form and function of the human body;
3. Critically evaluate human movement research in order to design and implement activities to confirm/generate disciplinary knowledge;
4. Use qualitative and quantitative reasoning and evidence, synthesizing information from a variety of origins to methodically and systematically solve problems and develop interventions in the human movement domain;
5. Demonstrate appropriate levels of independence and judgment necessary for successful employment or further schooling.

Class:- B.P.Ed. 3rd Sem

Subject Name:- Research Methodology in Physical Education

Subject Teacher:- Dr. Kusum Lata

1. To Enhance the competency of research ability of students
2. To know about the research methods and types
3. To create the awareness regarding research for enhances the quality of
4. higher education
5. Able to formulate the hypothesis
6. To increase the writing ability for research reporting

Class- B.Sc Sports Science 2nd or 3rd Yar

Subject – Theory of Game and Athletics

- 1 It is helpful to improve the knowledge about sports.
- 2 It is a theoretical framework to conceive social situations among competing players and produce optimal decision-making of independent and competing actors in a strategic setting.
- 3 Through theory of game and athletics an outcome is a situation which results from a combination of player's strategies.
- 4 Its provides a systematic quantitative approach for deciding the best strategy in competitive situation.

B.Sc Sports Science

5th Sem

Sports Psychology

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Class- B.Sc Sports Science 2nd or 3rd Year

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